

10 day **ActiveTravel** Challenge

Dear Parent / Carer,

Our school will be taking part in the 10 day Active Travel Challenge starting on **Monday 12th** and finishing on **Friday 23rd October 2020**.

The challenge is for pupils & their families to choose an **active way** of getting to school over the 10 day period.

We need everyone to take part and make an effort to travel to school in an active way during the challenge. The challenge is also open to school staff and we will be making every effort to take part too.

Walking, cycling, skating, scooting and park & stride are all active ways of travelling and we hope by taking part in the challenge it will:

- Improve health & wellbeing of our pupils & their families
- Encourage pupils and families to be more active
- Reduce congestion and parking problems around our school
- Improve air quality around school
- Promote active travel for the journey to school and for families to continue to do this after the challenge!

During the challenge each classroom will have a wall chart on which pupils who have travelled actively will record their journey.

Please be aware if you live a long way from school and need to drive you can still take part by parking away from school (at least a 5 minute walk) and walking the last part of your journey, this is called Park & Stride, see our Walking bubble map for more details.

Our school could also win some fantastic prizes like balance bikes or scooters, visits from professional cyclists including the Active Travel Commissioner & Paralympic Gold medallist Dame Sarah Storey. We are competing against schools from across South Yorkshire so we really do need your help. Please do your best to be active on your journey to school and help us complete the challenge.

Kind regards,

Mrs Brown (Healthy Learning, Healthy Lives Lead)

