



# Physical Education Policy 2020 - 21

## Intent

At Brooke Primary Academy it is our intent to deliver high quality opportunities that promote the children's physical development, emotional development and good health through a variety of activities before, during and after the school day. We aim to provide a broad range of engaging activities that inspire the children to strive to improve their skills, increase their fitness, pursue their interests and achieve their personal best.

We aim to develop the children's understanding of a healthy lifestyle, to support

## Implementation

- Children participate in high quality PE lessons once a week covering two different sports per term.
- Teacher's use and adapt IPEP to ensure lessons across year groups show progression.
- The children take part in end of unit celebration activities linked to the IPEP units such as Football and Basketball year group tournaments, whole school Dance Festivals and Sports Day.
- Teachers assess children against the learning targets set within IPEP.
- All Key Stage 1 and 2 children can participate in 15-minute daily class movement sessions using a variety of resources such as Joe Wickes videos.
- Teacher's use 'Super Movers' and other movement-based learning activities within many different lessons.
- Children attend swimming lessons in Year 5.
- Physical activities are available to children at breakfast, lunchtime and after-school clubs.
- All Key Stage 1 and 2 children can participate in sports related lunchtime and after school clubs including: football, dance and gymnastics.
- The school celebrates Healthy Living Week annually. The children engage in different workshops, activities and sports.
- The children are invited to attend competitive sporting events within the Local Area, such as the EFL Kids Cup which took place at Doncaster Rovers Stadium.
- Each year a small group of Year 6 children become Playground Leaders. They are used as sporting role models for the younger children, they assist with lunchtime activities, other sporting activities and our annual Sports day.

## Impact

We aim to motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, clubs and participation in competitions, our children learn to take responsibility for their own health and fitness, they may be inspired to go on to engage in competitive sports outside of school and will embark upon the path to leading happy and healthy lives. Our curriculum planning also enables children to progress well throughout each year group and meet the National Curriculum objectives.

## Primary Sports Funding

The 'PE and Sport Premium' is designed to help primary schools improve the quality of the PE and sport activities they offer their pupils. Schools receive PE and Sport Premium funding based on the

number of pupils in years 1 to 6. Information about the school's funding allocation and how it is spent each year can be found within our PE and Sports Premium document which is completed by the PE Subject Leader in conjunction with the Head of School.

## Teaching and Learning

The school uses IPEP Interactive PE Planner to ensure that children participate in a range of activities and are able to build upon their knowledge and skills from previous year groups.

## Typical Lesson Structure:

Lessons begin with a warm up, followed by a main activity, linked game or performance and end with next steps. The learning target is shared at the beginning of the session and activities are differentiated.

## Termly Focus:

F2 to Year 6 have the same focus each half term. These are as follows:

<b>Autumn 1:</b>	Invasion Games	Supported by Doncaster Rovers staff
<b>Autumn 2:</b>	Net Games	Supported by Doncaster Rovers Staff
<b>Spring 1:</b>	Gymnastics	Supported by Fitness Instructor J. Goulter
<b>Spring 2:</b>	Dance	Supported by Creative Dance Staff
<b>Summer 1:</b>	Outdoor Adventure	Supported by Doncaster Rovers staff
<b>Summer 2:</b>	Athletics	Supported by Doncaster Rovers staff

Doncaster Rovers provide support and training for staff. Over the course of an academic year, all teachers can observe/team teach with specialist teachers, in order to make their contribution sustainable.

We also receive support from other sporting organisations for example:

<b>Active Fusion</b> (Hannah Lane)	coaches are providing sporting activities and competitions for the year 6 girls aimed at supporting their transition to secondary school.
<b>Community Health Activator</b>	(Jess Tudor)
<b>Creative Dance</b>	supporting teaching and learning of Dance units
<b>Personal Trainer</b> (J Goulter)	supporting teaching and learning of Gymnastics units.
<b>Legacy Project</b>	supporting outdoor adventure unit.

## Organisation

Although there is no statutory requirement for time spent engaging in PE lessons Brooke Primary School does acknowledge the DfPE recommendation of 2 hours per week. Pupils have access to a minimum of one P.E. or swimming lesson a week. As well as other physical activities throughout the school day such as movement breaks, movement activities within other lessons, participation in the daily mile, break and lunch time sports activities and after school clubs.

For movement activities within lessons we might use:

- Joe Wickes 10-minute movement breaks
- Supermovers within maths
- Number Rock
- Cosmic Kids Yoga
- Go Noodle

## **EYFS**

We recognise the importance of Physical Development in the Early Years Foundation Stage as a prime area of learning. We are an early adopter school and are using the 2020 EYFS Development Matters. This includes two strands for Physical Development; Gross Motor and Fine Motor Skills. F2 follow IPEP units and have a weekly PE lesson. F2 and F1 also plan weekly adult directed physical development activities as well as providing opportunities for child initiated physical development activities within the continuous provision areas.

## **Key stage 1**

Children develop fundamental movement skills and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, They are taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities participate in team games, developing simple tactics for attacking and defending perform dances using simple movement patterns.

## **Key stage 2**

Children should continue to apply and develop a broader range of skills. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Children are taught to: use running, jumping, throwing and catching in isolation and in combination play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] perform dances using a range of movement patterns, take part in outdoor and adventurous activity challenges both individually and within a team compare their performances with previous ones and demonstrate improvement to achieve their personal best.

## **Resources**

P.E. and breaktime equipment is stored safely in the P.E. cupboard on the Key Stage 2 playground. The PE cupboard is locked and only members of staff have access. The cupboard is regularly checked by the PE Coordinator to check its tidiness and organisation. Staff are advised to inform the PE Coordinator of broken, damaged or lost equipment so that replacements can be ordered. The PE Coordinator completes an annual audit of equipment.

## **Swimming provision**

At Brooke Primary School, children attend swimming lessons at Thorne Leisure Centre in Year 5. They are taught to swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively perform safe self-rescue in different water-based situations.

Lessons are taught by specialist swimming instructors who assess the children at the start and end of the swimming course.

## **Assessment**

Assessment of PE is an ongoing process. As each lesson progresses, the teacher carefully observes and assesses, intervening as necessary, to ensure that each child makes the full progress of which they are capable. At the end of each unit the children's progress is formally assessed against the IPEP learning targets. Children that achieve the learning targets are marked green upon the unit assessment grid and the children that don't achieve the learning targets are marked pink. The unit assessment grids are handed to the PE Subject Leader at the end of each term. The grids are checked and children that don't complete the learning targets are offered clubs during lunchtimes and after school to provide them with further opportunities to achieve them.

## **Equal Opportunities**

At Brooke Primary Academy we are committed to ensuring that all children participate in PE and physical activity irrespective of socio-economic background, gender, special educational need(s), physical disability or ethnicity. We believe that children should have equal access to and participation in a range of physical education activities. Teachers plan their lessons and make necessary adaptations to ensure appropriate challenge and accessibility for all learners.

## **Role of the Subject Leader**

- Oversee, the teaching and learning of PE in line with the PE Long Term Plan.
- Timetable specialist teachers and coaches (liaising with Head Teacher).
- Ensure the PE curriculum resources available to teachers are of a good standard and a quantity.
- Promote PE and Sport across the school, encouraging children's participation and celebrating both involvement and success.
- Register the school for various borough sporting events.
- Complete Risk Assessments for sporting events.
- Organise Sports Day annually.
- To report on school swimming attainment annually and record this online.
- Report to the Head Teacher and Governors on PE.
- Budgeting - To complete the 'Evidencing the Impact of the Primary PE and Sport Premium' document annually (liaising with the Head Teacher).

## **Parents**

Parents are encouraged to inform Brooke Primary Academy if they have a certain expertise in a particular sporting area. In this instance, we can involve a parent in delivery of lessons/clubs or

events. Parents are encouraged to attend Sports day to celebrate and promote physical activity, as well as support groups to travel to sporting events as support.

Annual reports for each child are sent out to parents. PE is included as a foundation subject within Key Stage 1 and 2 reports and Physical Development is reported upon within the Foundation Stage.

## **Health and Safety**

Health and good safe practice is always emphasised in each environment, including the handling of equipment. Large equipment is inspected annually. Appropriate clothing is essential and children's attire is checked by teachers prior to undertaking PE activities.

## **PE Kit**

Children are encouraged to wear appropriate PE clothing.

- Black shorts or jogging bottoms
- Black tracksuit top for outdoors
- White T-shirt
- Pumps for indoors or black training shoes for outdoors

During Coronavirus children are asked to come to school wearing their PE kits. They must also keep their pumps on for indoor sessions including gymnastics.

Teachers send polite reminder slips home to remind parents of children who have failed to wear PE kit. This helps to minimise the number non-participants.

## **Jewellery and Hair**

Wearing jewellery for PE is not allowed. Children must not come to school wearing earrings on PE days. If they do come to school wearing earrings on PE days they will be asked to remove them or tape them over.

Pupils with medium/long hair are reminded to tie it up securely.

## **Weather**

It is encouraged that outdoor PE lessons take place in all seasons and in as many weather conditions as feasible. Classes are timetabled to have an hour in the hall each week, so if the weather is bad, the PE lesson can still go ahead. Children are encouraged to wear clothing in line with the season and weather conditions, maximising access to all lessons.

## **Hygiene**

Pupils are taught about the body changes that occur when they exercise along with recognition of the short and long term effects of exercise on the body.

## **Staff dress**

Staff must deliver PE in appropriate sportswear. It is important that staff should consider their own and their pupils' safety with regard to their personal clothing, footwear and jewellery when involved in the teaching of any PE activity.

Policy Agreed:

September 2020

Policy Review Date:

September 21