

## **FREE SCHOOL MEAL - WEEKLY FOOD HAMPER**

- 1 Loaf of Fresh Bread
- 100g Cheddar Cheese
- 1 Tin of Heinz Baked Beans
- 2 Baking Potatoes
- 120g Dried Pasta
- 2 Tins of Tuna
- 3 Apples
- 2 Satsumas
- 1 Litre Fresh Semi Skimmed Milk
- 1 Cucumber
- 5 Carrots
- 3 Pots of Organic Yoghurt
- 1 Sachet of No Added Sugar Angel Delight (4 portions)