



Junior Active Leaders is a programme which develops **confidence, collaboration, communication teamwork and leadership skills** and includes **CPR training, basic safeguarding, risk management** and provides hands-on **experience** delivered through activities.

Children will learn to plan and lead physical activity sessions and run events, with signposting towards future events being held in the local community. Children will work in teams to plan and lead activities to their peers and to other children in the school.

The Junior Active Leader Award is gained by all those who complete the course. The Junior Active Leader programme and award are **accredited** by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) and upon completion children will receive a certificate.

The Active Leader programme has received **100%** approval and recommendation ratings from participants, parents, teachers and employers. Trained Active Leaders have said the course has been an invaluable help transitioning to the following school year, whilst equipping them with the skills and confidence to become independent, working collaboratively with their peers and leading activities. 100% of all those taking the Junior Active Leader course said the training gave them much **greater self-confidence**.

In addition to the first aid training and CIMSPA Certificate, each participant also receives a T-Shirt, Junior Active Leader pin badge, resource booklet of games and activities and a manual to record experiences and feedback. Children will also receive a **personalised reference** reflecting on their skills and development through the course by the Leaders..

The course is delivered by Flying Futures in partnership with Club Thorne, Terri Harper - Believe and Achieve and the Triple S Network.. Flying Futures is a non for profit Community Interest Company that manages and delivers a range of Social programmes across Yorkshire & Humberside, the North East and East Midlands, to bring about effective change to communities. This is done primarily (though not exclusively) through the use of sports, mentoring, training and employment & citizenship programmes with Children and Young People aged between 5 and 25 years of age.

You can find out more about Flying Futures by heading to our website; www.flyingfutures.org and the Active Leaders; <https://www.activeleaders.co.uk/>

