

Dear Parent / Carer

**RE: Physical Education and Sport**

Being active every day provides a foundation for a healthier and happier life. We are committed to improving physical education for the children and widen the opportunities they have to become involved in sport and exercise. Therefore, from September:

- All children in F2 – Y6 will be allocated 1 hour of PE each week. These sessions will take place outdoor apart from during adverse weather conditions.
- All children will have opportunities for physical activities and exercise throughout the day including morning and lunchtime breaks, daily movements sessions within lessons (such as the use of BBC Supermovers) as well as lunchtime clubs and after school clubs.
- Clubs and lessons will be supported by specialist staff from Club Doncaster Foundation, Active Fusion and Flying Futures.
- There will be many opportunities for children will become involved in internal and inter school competitions.

PE forms part of the National Curriculum, and therefore the expectation is that all children take part, unless the child is unable to for medical reasons, or Special Educational Need. If this is the case, we ask that parents speak with the class teacher.

**Kit**

The children will continue to attend school on their PE day in their PE kit and wear it for the duration of the day.

PE kit should include:

- Plain black shorts or cycling shorts
- Plain black or grey tracksuit (hoods are acceptable)
- Plain white T-shirt
- Plain black pumps for indoor sessions (kept in school). Please label and place in a bag.
- Black or grey trainers for outdoor sessions.



### Swimming (Y5 only)

- Full costume (girls) or swimming shorts/trunks (boys)
- Towel

Like uniform, we believe that wearing the correct PE kit instils a sense of pride and ambition into the children. We ask that parents apply these standards from the first PE session.

### PE days

**Please remember to send your child in to school wearing their PE kit on their PE day.**

A text will be sent out before we return in September to inform you of your child's PE days.

Please get in touch if you have any further queries.

Kind Regards,

Mrs Emma Levers  
Head of School

Mrs Shelley Whitfield  
Physical Education Subject Lead



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