

8<sup>th</sup> June 2021

Dear Parents/Carers,

**Re: Statutory Sex, Relationships and Health Education**

Since September, we have been implementing the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE. The lessons taught so far have built on the children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

The Summer Term Units are about Relationships (unit 1) and Changing Me (unit 2). The units on Relationships have helped us to fulfil the government's requirements for teaching Relationships Education which became statutory for primary aged children in September 2020. The Changing Me Unit includes 2 or 3 lessons in every year group that help children to understand the changes puberty brings and how human reproduction happens.

The Year 3 and 4 children look at how the body changes on the inside and the outside. They also look at how babies grow. In addition, in Year 4, children learn about menstruation.

The Years 5 and 6 lessons look more fully at puberty and human reproduction. In all year groups we will be using the correct scientific words to name body parts.

As the materials are new, we have outlined the learning objectives and scientific terminology used in each lesson on the attached document. If there are any lessons that you wish to know more about, please do not hesitate to contact the school and we can email the lessons plan and resources to you.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this. However, as always we want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from the sex education aspects of this work.

The Changing Me unit will begin after the half term holiday in the week commencing 7<sup>th</sup> June 2021 for all year groups. We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them, and we look forward to answering any questions you may have.

Attached to this letter is a leaflet for parents and outline plans for each year group. If you would like to make any comments about the materials that we are planning to use, please put them in an email to [br-admin@vennacademy.org](mailto:br-admin@vennacademy.org)

Yours faithfully

Mrs Head  
PSHE Lead