

Dear Parents/Carers

## Re: Statutory Relationships and Health Education

Since September 2020 Relationships and Health Education has been compulsory in Primary Education. At Brooke, we teach through personal, social and health education (PSHE) and the science curriculum. For PSHE, we follow the JIGSAW scheme of learning.

During the Autumn and Spring terms, the PSHE lessons have built on the children's emotional literacy, self-esteem and knowledge of who they are, considering how they relate to each other and the world in a positive and healthy way.

The summer term units focus on:

- Relationships (Summer 1) – this unit supports us to fulfil the governments statutory requirements for teaching Relationships Education
- Changing Me (Summer 2) – this unit includes information that helps children to understand the changes puberty brings and how human reproduction happens.

### Changing Me

We appreciate that some parents may have questions about the content of what we teach in this unit, so the following documents will help you to understand this:

[Jigsaw-Leaflet-Parents.pdf \(brookeprimaryacademy.org.uk\)](#)

[Jigsaw-Leaflet.pdf \(brookeprimaryacademy.org.uk\)](#)

[Slide 1 \(brookeprimaryacademy.org.uk\)](#)

I will be holding workshops for parents of Y3 & 4 and Year 5 & 6 children, where I will share more information about the unit content and where parents can ask questions in a supportive environment. Dates and times will follow.

We hope that by attending the workshops and reading our parent guides, parents will be able to introduce or further reinforce the content at home.

We hope that you will agree with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us secure framework in which to do this. However, as always, we want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from the sex education aspects of work (please see the PowerPoint which indicates which lessons you can withdraw your child from).

The Changing Me unit will begin in Summer 2, after the half term holiday. We hope you, like us, will see the materials in Jigsaw as educationally beneficial to our children, helping to safeguard them.

If you would like to make any comments about the materials that we are planning to use, please contact me.

Yours faithfully

Miss S Benjamin-Webster  
PHSE Lead