

Physical Education Long Term Plan

If you would like more information about the Physical Education curriculum we offer at Brooke Primary Academy, then please contact the school office.

Year Group	Autumn		Spring		Summer	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation 1	The children have the opportunity to develop physically through access to the indoor and outdoor continuous provision areas within the Foundation Stage unit. They also take part in additional adult directed activities to promote physical development and one half hour weekly movement session with specialist support staff.					
Foundation 2	Unit Title – Bats and Balls at the Circus Focus - Net Games	Unit Title – Beanbag Skills Focus - Invasion Games	Unit Title – Balance Focus - Gymnastics	Unit Title – Fictional Characters Focus - Dance	Unit Title – Fun Games with Friends Focus - Outdoor Adventure	Unit Title – Fun with Quoits and Cones Focus – Athletics
Year 1	Unit Title - Partner Games Focus – Strike and Field Sports – Tennis, Rounders and Cricket	Unit Title - Ball Control Focus – Invasion Games Sports – Various Basic Skills	Unit Title – Jump Into The Past Focus – Gymnastics	Unit Title – Traditional Tales Focus – Dance	Unit Title – Creative Play Focus – Outdoor Adventure Sports - Orienteering	Unit Title – Running and Jumping Focus – Athletics
Year 2	Unit Title – Striking For Accuracy Focus – Net Games Sports – Tennis, Badminton and Volleyball	Unit Title – Kicking and Dribbling Focus – Invasion Games Sports – Hockey and Football	Unit Title – Balance and Co-ordination Focus – Gymnastics	Unit Title – Traditional Dance Focus – Dance	Unit Title – Rule Making Focus – Outdoor Adventure Sports - Orienteering	Topic Title - Movements Focus – Athletics
Year 3	Unit Title – Striking and Exploring Focus – Strike and Field Tennis and Volleyball	Unit Title – Passing for Possession Focus – Invasion Games Sports – Basketball and football	Unit Title – Symmetrical Shapes Focus – Gymnastics	Unit Title – Ancient Egypt Focus – Dance	Unit Title – Thinking Aloud Focus – Outdoor Adventure Sports – Orienteering	Unit Title – Being an Athlete Focus – Athletics
Year 4	Unit Title – Returning Focus – Net games Sports – Tennis and Volleyball	Unit Title – Passing and Moving Focus – Invasion Games Sports – Netball and Basketball	Unit Title – Perfecting Sequencing Focus – Gymnastics	Unit Title – Electricity Focus – Dance	Unit Title – Decisions Focus – Outdoor Adventure. Sports - Orienteering	Unit Title –Record Breaking Focus – Athletics
Year 5	Unit Title - Accuracy and Rallies Focus – Net Games Sports – Badminton, Tennis, Volleyball	Unit Title – Rules and Concepts Focus – Invasion Games Sports – Football and Netball	Swimming		Unit Title – Decisions Focus – Outdoor Adventure. Sports - Orienteering	Unit Title –Record Breaking Focus – Athletics
Year 6	Unit Title –Teamwork Focus – Striking and Fielding Sports – Tennis and Rounders	Unit Title – Competitive Focus – Invasion Games Sports – Netball and Basketball	Unit Title – Travelling In WW2 Focus – Gymnastics	Unit Title – Street Dance Focus – Dance	Unit Title- Finding Success Focus – Outdoor Adventure Sports - Orienteering	Unit Title – Going for Gold Focus – Athletics