PGL Residential Trip
September 2027

PGL – What is it?

Just ten miles north of Grantham, there are over 65 acres of space for your children to enjoy at Caythorpe Court, packed full of adventure activities on land and water. From high ropes to the giant swing, each challenge will help pupils reach further and achieve more.



The 3-day, 2-night residential will take place on:

Wednesday 8th September
to
Friday 10th September 2027

The price of the trip per child will be **£335.00.** The price includes accommodation, activities, breakfast, lunch, dinner, supper, bedding and transportation. The only additional cost to parents will be if they wish to provide a little spending money (typically £10).

Total Cost: **£335.00**

- **£45** by **23.10.26**
- **£105** (to be advised)
- Remaining £285 by **9.7.27**

PGL – why should I go to PGL?

- Build relationships
- Develop perseverance
- Demonstrate teamwork
- Improve their social skills
- Challenge themselves
- Take risks

PGL – The Activities



All activity sessions are led by well-trained, enthusiastic instructors and are specially designed to motivate, build confidence and encourage development in pupils.







PGL – The Activities









PGL – The Activities





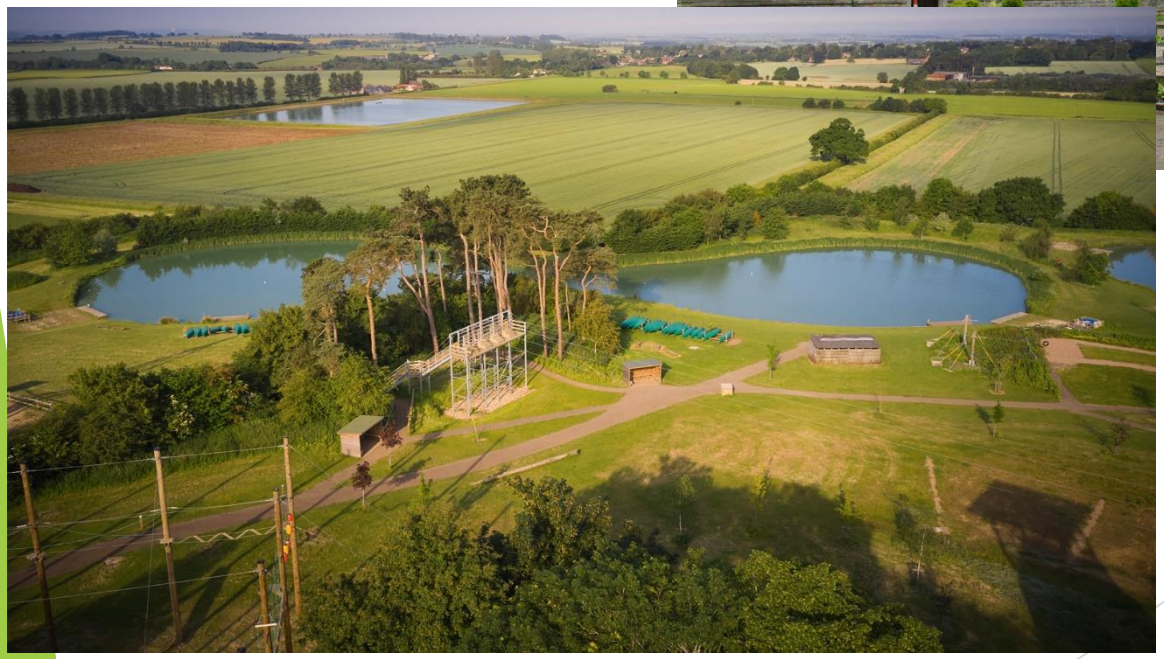




PGL – The Grounds

Over 65 acres of space for your children to enjoy.





Safe! Fenced and patrolled!

PGL – The Accommodation



Dormitory-style rooms in a range of accommodation

Pupils - en-suite rooms with bunk beds (sleep 4-6)



PGL – The Food

All meals are freshly prepared, balanced and will give your child plenty of energy to keep them going throughout the day.

- A mix of hot and cold meals with vegetarian options
- Self-service salad bar
- Fresh fruit with every meal
- Allergies, intolerances and special diets catered for



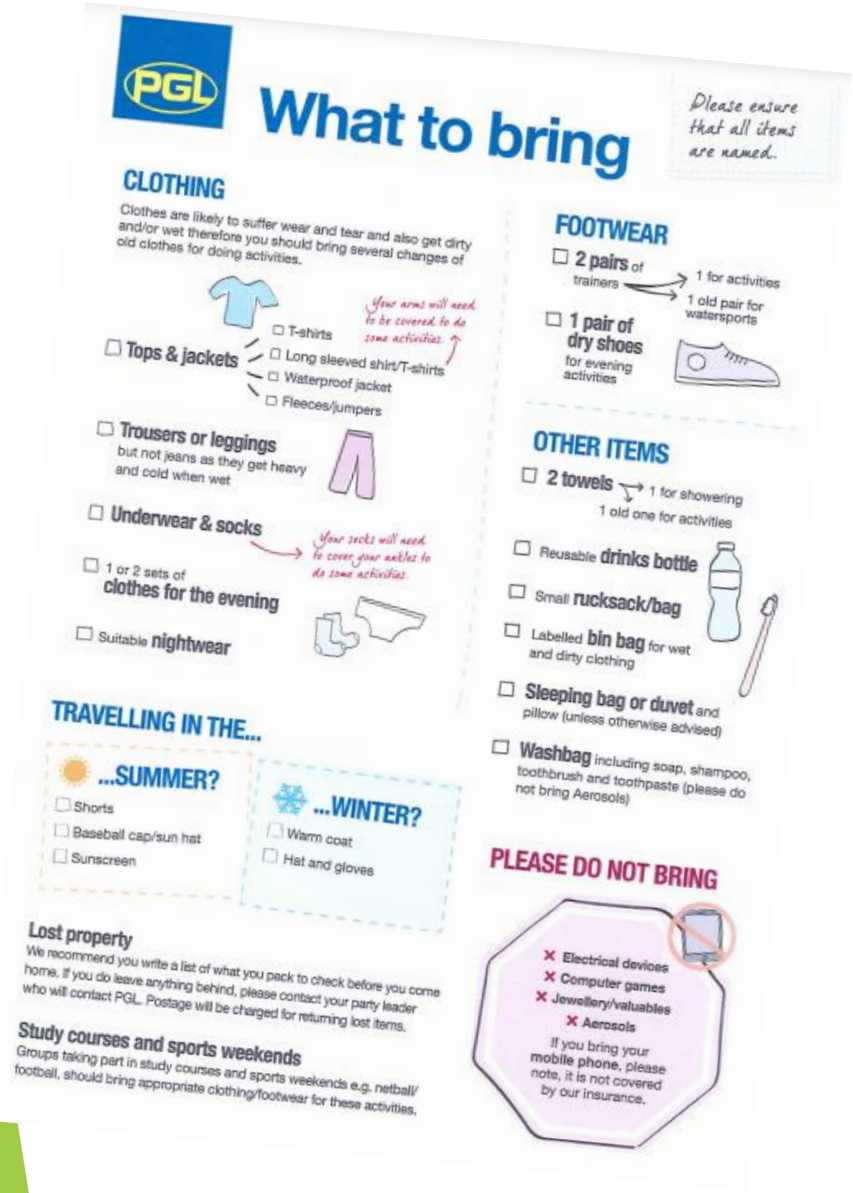


PGL – A Typical day at PGL

Sample Day

Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	Discos, campfires, quizzes and more - our evening entertainment programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!

PGL – What will I need?



What to bring

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- ☐ Tops & jackets
  - ☐ T-shirts
  - ☐ Long sleeved shirt/T-shirts
  - ☐ Waterproof jacket
  - ☐ Fleeces/jumpers

Your arms will need to be covered to do some activities.

- ☐ Trousers or leggings but not jeans as they get heavy and cold when wet
- ☐ Underwear & socks

Your socks will need to cover your ankles to do some activities.

- ☐ 1 or 2 sets of clothes for the evening
- ☐ Suitable nightwear

FOOTWEAR

- ☐ 2 pairs of trainers → 1 for activities, 1 old pair for watersports
- ☐ 1 pair of dry shoes for evening activities

OTHER ITEMS

- ☐ 2 towels → 1 for showering, 1 old one for activities
- ☐ Reusable drinks bottle
- ☐ Small rucksack/bag
- ☐ Labelled bin bag for wet and dirty clothing
- ☐ Sleeping bag or duvet and pillow (unless otherwise advised)
- ☐ Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)

TRAVELLING IN THE...

...SUMMER?

- ☐ Shorts
- ☐ Baseball cap/sun hat
- ☐ Sunscreen

...WINTER?

- ☐ Warm coat
- ☐ Hat and gloves

PLEASE DO NOT BRING

- ✕ Electrical devices
- ✕ Computer games
- ✕ Jewellery/valuables
- ✕ Aerosols

If you bring your mobile phone, please note, it is not covered by our insurance.

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

Study courses and sports weekends

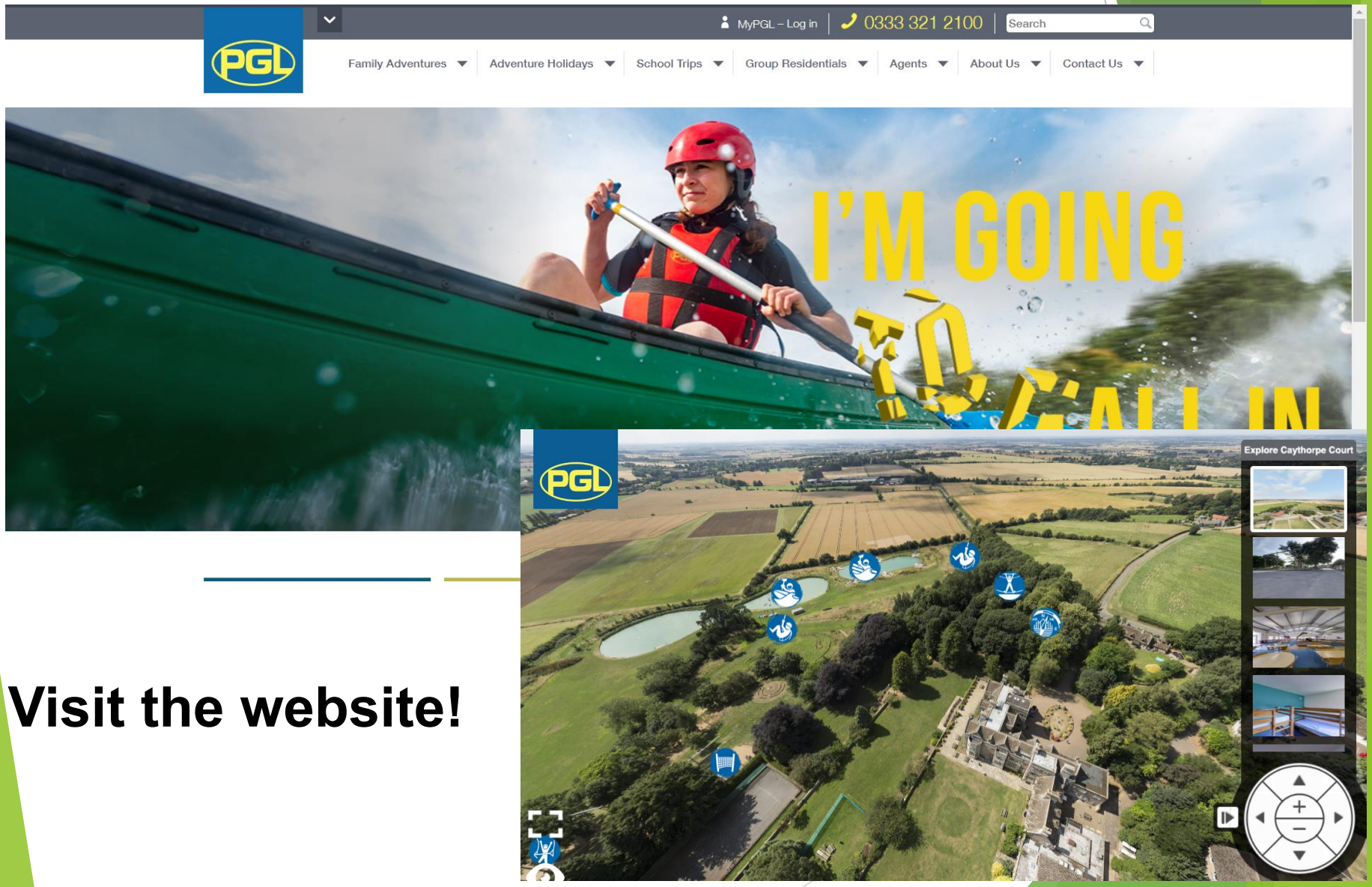
Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

This list will be sent out to parents/carers multiple times.

No sleeping bags, quilts, pillows etc.

ONE set of clothes/shoes that can get wet

More information…



Visit the website!

So, what now?

If you want your child to go, please take and complete the letter.

If you have any questions regarding the trip, please contact the school office in the first instance.